



**The Partnering Parishes of  
Sacred Heart and Saint Charles  
Borromeo**

**Come and join us**

**THE HOLY SEASON OF LENT  
2021**



# LENT

## A Penitential time of Prayer, Fasting and Almsgiving

**PRAYER:** changes our relationship to God. Through prayer, we admit our need for a power that is greater than ourselves. We acknowledge our limitations and let go of the drive to control everything. In the process, we open ourselves to all that God has to offer.

**FASTING:** expresses our desire to find happiness in God rather than in the satisfaction of our physical needs. The control we gain over our appetites helps us recognize more deeply that all true and lasting pleasure comes from God. Knowing this, we are freed to gratefully accept food and savor it, or to avoid or limit foods that we know are unhealthy for us. Through fasting, our relationship to ourselves is reoriented towards God.

**Abstinence** is a penitential practice consisting of refraining from the consumption of meat and is to be observed by all Catholics who are 14 years of age and older. **Ash Wednesday, Good Friday, and all Fridays during Lent are days of Abstinence.**

**Fasting and abstinence,** in addition to abstinence, fasting is to be observed by all Catholics between the ages of 18 years and 59 years (inclusive). **Ash Wednesday and Good Friday are days of fast and abstinence. The usual practice:** one full meal is allowed. Two smaller meals, sufficient to maintain strength, may be taken according to one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed. **NOTE:** Those who are unable to observe the above regulations due to ill health or other serious reasons are urged to practice other forms of self-denial that are suitable to their condition.

The Church and parents are encouraged to see that children who are not bound by the obligation to fast and abstain are led to appreciate an authentic sense of penance.

**ALMSGIVING:** provides assistance to the poor among us and helps us recognize God as the true source of our security. Property and wealth exercise less control over us when we give away or share our wealth out of love for God and for others. Almsgiving is a way of bringing our relationship to others into the orbit of Christ's love.

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## **THE HOLY SEASON OF LENT 2021**

### **Ash Wednesday, February 17, 2021**

#### **Sacred Heart Church**

8:30A.M – Mass and distribution of ashes

12Noon – Liturgy of the Word Service with ashes

#### **St. Charles Borromeo Church**

4:00P.M. – Liturgy of the Word Service with ashes

7:00P.M. – Mass and distribution of ashes

### **Daily Masses for Lent**

#### **Sacred Heart Church**

Monday, Tuesday, Wednesday – **8:30A.M.**

#### **St. Charles Borromeo Church**

Thursdays, Fridays, and Saturdays – **8:30A.M.**

### **Stations of the Cross**

7:00P.M. – Friday, February 19<sup>th</sup>, February 26<sup>th</sup>, and March 5<sup>th</sup>

#### **At St. Charles Borromeo Church**

7:00P.M. – Friday, March 12<sup>th</sup>, March 26<sup>th</sup> and April 2<sup>nd</sup> (Good Friday)

#### **At Sacred Heart Church**

(No Stations of the Cross March 19)



**The Year of Saint Joseph  
Devotions & Confessions  
at St. Charles Borromeo Church**

7:00-8:00P.M. Wednesdays:

February 24<sup>th</sup>, March 3<sup>rd</sup>,

March 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>

**The Solemnity of Saint Joseph**

March 19<sup>th</sup>

Mass at 7:00 pm

St Charles Borromeo Church

The plenary indulgence is granted under the usual conditions (sacramental confession, Eucharistic communion and prayer according to the intentions of the Holy Father) to the faithful who, with a spirit detached from any sin, participate in the Year of Saint Joseph on the occasions and in the manner indicated by this Apostolic Penitentiary and in these events.

# **Celebration of the Sacrament of Penance (Confessions)**

## **The Regular schedule:**

3:00-3:45P.M. – Saturdays before the Vigil Mass at Sacred Heart Church

4:30-5:15P.M. – Saturday before the Vigil Mass at St. Charles Borromeo Church

## **Extra days for the Sacrament of Penance (Confessions)**

### **at St. Charles Borromeo Church**

Saturday, February 20<sup>th</sup> First Penance at 11:00A.M.

Also on

Wednesdays February 24<sup>th</sup>, March 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>  
– 7:00-8:00P.M

Thursday, March 4<sup>th</sup> – 6:30-7:30PM

First Saturday, March 6<sup>th</sup> – 9:15-10:30A.M.



## **Holy Week Confessions**

NB: St Charles Borromeo Church will be closed Mon- Tue-Wed

### **Tuesday of Holy Week, March 30, 2021**

1:30-2:30P.M. at Sacred Heart Church

7:00-8:00P.M. at Sacred Heart Church

### **Wednesday of Holy Week, March 31, 2021**

1:30-2:30P.M. at Sacred Heart Church

7:00-8:00P.M. at Sacred Heart Church

### **Good Friday, April 2, 2021**

11:00-11:45A.M. at St. Charles Borromeo Church

### **Holy Saturday, April 3, 2021**

11:00-12Noon Confessions at Sacred Heart Church

3:00-4:00P.M. Confessions at St. Charles Borromeo Church

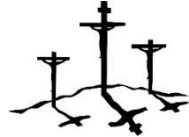
# The Sacred Triduum

\*\* Will be livestreamed at scbdh.org

## April 1, 2021 Holy Thursday

9:00A.M. – Morning Prayer at St. Charles Borromeo Church

7:00P.M. – Evening Mass of the Lord’s Supper at St. Charles Borromeo Church (Church will remain open until 10:00 pm) \*\*



## April 2, 2021 Good Friday

Both churches will be open from 8:00 am to 8:00 pm

9:00A.M. – Morning Prayer at St. Charles Borromeo Church

11:00-11:45A.M. – Confessions at St. Charles Borromeo Church

12Noon – Stations of the Cross at St Charles Borromeo Church

3:00P.M. – Celebration of the Lord’s Passion with the distribution of Holy Communion at St. Charles Borromeo Church \*\*

7:00P.M. – Stations of the Cross at Sacred Heart Church

## April 3, 2021 Holy Saturday

9:00A.M. – Morning Prayer at St. Charles Borromeo Church

9:30A.M. – Final decoration of the Churches

11:00A.M.-12Noon – Confessions at Sacred Heart Church

12Noon – Blessing of Food at Sacred Heart Church

3:00-4:00P.M. – Confessions at St. Charles Borromeo Church

**7:30 P.M. – Solemn Easter Vigil  
at St. Charles Borromeo Church \*\***

# April 4, 2021 – Easter Sunday

## Sacred Heart Church

7:30A.M.

12Noon

## St. Hedwig Chapel

9:15A.M.

## St. Charles Borromeo Church

8:30 A.M.

10:00A.M. \*\*

NO 4P.M.



\*\* Will be livestreamed at [scbdh.org](http://scbdh.org)

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