

The Caregiver's Prayer

Compassionate and healing God, help us to see your face in the faces of our sisters and brothers who are sick or injured.

Guide us to reach out to them with hearts of compassion and hands, which serve their needs.

When they are anxious, help us to know how to reassure them.

When they feel alone, help us to notice and be present.

When they feel confused, help us to listen and assist in finding answers to their concerns.

When they need comfort, help us to communicate care and understanding.

When they are weak or discouraged help us find ways to refresh their spirits.

When doubt or darkness touches them, give your Light to guide them and lift them up.

Help us as caregivers to always turn to You as the source of our own strength and compassion as we seek to serve the needs of sisters and brothers who are vulnerable.

Amen.